

WE REMEMBER



**VIOLENCE FREE
MINNESOTA**

CONNIE LEA POLLOCK

**THE COALITION TO
END RELATIONSHIP
ABUSE REMEMBERS**

**CONNIE LEA
POLLOCK**

**MINNESOTA'S 16TH
CONFIRMED VICTIM
OF INTIMATE
PARTNER HOMICIDE
IN 2025**



Connie Lea Pollock, 56, was shot and killed by her husband Jack Pollock, 63, inside a residence in Outing, Minnesota on August 13, 2025. Early that morning, first responders received a report of a structure fire in Outing. When they arrived at the residence, it was engulfed in flames. First responders found Connie and Jack's bodies inside. The Ramsey County Medical Examiner determined Connie died from a gunshot wound to the chest, while Jack died from a self-inflicted gunshot wound. Police ruled the deaths a murder-suicide.

Connie was described as a “loving friend” and a respected oncology nurse at Riverwood Healthcare Center. She leaves behind several children. We remember Connie Lea Pollock.