The Healing House Feasibility Study  
Virtual Charette April 5-7, 2022  
022032.00
THE HEALING HOUSE
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Participants

Native American justice involved women charette process participants: Cheryl Kangas, Tiffany Kingbird, Nicole Lussier, Kari Cook, Leah Fairbanks, Jorel Martell, Adrianna Norris, Samantha Zornes, Daniell Goodman, Kymberly Hare, Katie Brothers of all, Jennifer Larmorie, Kristin Cox

Martin Jennings, Executive Director, Natasha Kingbird, Ombishkaa Lead Coordinator, and the Ombishkaa Re-entry staff and Recovery Corps Navigators from Northwest Indian Community Development Center

Nikki Engel, Policy & Legal Systems Program Manager from Violence Free Minnesota

Linda Thompson, Director of Operations from Minnesota Indian Women’s Sexual Assault Coalition

Liz Richards, Director of Victim Services & Restorative Justice, & Kate Erickson, Community Stability Program Director from Minnesota Department of Corrections

Architects and Cost Estimator

Rebecca Lewis, Architect/Director of Healthcare Design at DSGW Architects, Inc.
Mike Laverdure, Managing Principal Architect at DSGW Architects, Inc.
Steven Trudeau, Senior Project Manager at Kraus Anderson Construction Company

Funding for the Feasibility Study provided by the Minnesota Department of Corrections
AGENDA

project Healing House Feasibility Study
project # 022032.00
date 04/05/2022 - 04/07/2022
subject Healing House Virtual Charette
from Rebecca Lewis DSGW Architects, Inc.
               Michael Laverdure DSGW Architects, Inc.
to Liz Richards Director, Victim Services & Restorative Justice
               Minnesota Department of Corrections
cc

Tuesday, April 5
9:00 - 9:30 Opening, Welcome and Introductions
9:30 - 9:45 Review Charette Agenda and goals
9:45 - 10:00 Break
10:00 - 12:00 Guiding Principles (Cultural, Programs and Activities, Home Essence, Sustainable)
12:00 - 1:00 Lunch
1:00 - 2:00 Guiding Principles (Cultural, Programs and Activities, Home Essence, Sustainable)
2:00 - 2:30 Prioritizing Guiding Principles
2:30 - 3:00 Introduction Site Evaluation
3:00 - 3:15 Break
3:15 - 4:00 Group Criteria for Site Evaluation Establishment
4:00 - 5:00 Site criteria ranking
5:00 - 5:10 Closing

Wednesday, April 6
9:00 - 9:15 Opening Welcome
9:15 - 10:00 Programming
10:00 - 10:15 Break
10:15 - 12:00 Programming
12:00 - 1:00 Lunch
1:00 - 3:00 DSGW working session
3:00 - 5:00 DSGW presents site diagrams and building diagram options
5:00 - 5:10 Closing

Thursday, April 7
1:00 - 2:00 Group Presentation
2:00 - 3:00 Open House
3:00 - 3:30 Exterior Discussion
3:30 - 3:45 Closing comments

END OF AGENDA
Executive Summary

RE: The Healing House Feasibility Study
Charette 2022
022032.00

April 5th through the 7th the charette for the Healing House Feasibility Study was hosted by the Northwest Indian Community Development Center in Bemidji, MN, and the Minnesota Department of Corrections, Victim Services and Restorative Justice Division. The charette hosts were Liz Richards, Director of Victim Services and Restorative Justice at the Department of Corrections and Natasha Kingbird, from the Northwest Indian Community Development Center. The design team consisted of DSGW Architects led by Mike Laverdure, AICAE, AIA, NCARB, LEED AP and Rebecca J. Lewis, FAIA, FACHA, CIDMN. The invited participants were Native American justice involved women. Observers to the charette process were staff from Northwest Indian Community Development Center, Violence Free Minnesota, Minnesota Indian Women’s Sexual Assault Coalition, and the Minnesota Department of Corrections.

During the charette, participants provided guidance and input to create the foundation of an architectural study of a potential building project of restorative and supportive housing. This housing would be for indigenous women who have experienced justice involvement. The Guiding Principles for the project created the foundation of what was to be considered during the charette. The conversation focused on environment and cultural priorities and the resulting list created the basis for planning. Also, part of the discussion was the site development. A fictitious piece of lakeside property was selected for the study, the determining factor being in a non-urban setting and close to a water source was important. Spaces for outside gathering, spirituality, relaxation, reflection, and activity were proposed and given high priority by the group. Part of the cultural discussion included the possible naming of the project: Noojimoiwewin Endaayan (Healing House). This may want to be vetted by an Ojibwemowin language expert, but the group considered the naming connected to the creation of the concept for the project.

The next stages of the charette process included listing of spaces to determine a building size as well as the site amenities supportive of the programs. Then options were discussed and overnight, a plan created representing the discussions, priorities, and goals. This was presented to the group for feedback and a final discussion was held about how the exterior should look so that exterior renderings could be developed.

After the event, a local construction company took the information and created an Opinion of Probable Cost for the project. Secondly, DSGW Architects created exterior renderings representing what we heard, learned and gathered from the charette. All this information, plus notable media coverage is included in this report.

We want to acknowledge the Department of Corrections and the Northwest Indian Community Development Center for supporting this study and especially thank the women who dedicated their time and energy to participating in the charette. The ideas, trust, imagination and thoughtfulness was obvious by the group.
A. Programs and Activities

1. Safe Haven

2. Sense of outdoor environment
   b. Blueberries, etc. in garden. Anishinaabe
   c. Memorial for people who have died in overdose
   d. Green grass, run hands across the grass
   e. Flowers
   f. River/water, by the side, sight, sound, take it all in
   g. Animals
   h. Relaxing
   i. Somewhere welcoming where you could bring your child
   j. Outdoor place where could enjoy a meal, large table, grill/BBQ
   k. Designated pathway, be able to bring kids/family on walks
   l. Place for personal reflection, be by themselves. Identify plants along the path, align with culture
   m. Welcoming to family members
   n. Sweat lodge
   o. Fire pit, roast some smores, tell stories, screened in
   p. Tree house for the kids
   q. Garden, place to be outside
   r. Gazebo
   s. Park for the children, playground
   t. Wrap around patio
   u. Garage/shed, to put stuff away like bikes
   v. Big yard
   w. Outdoor activity space like a volleyball court, basketball court
   x. Outdoor smoking area
   y. 3 season porch
   z. Lilac bushes and cedar trees. Birch bark.
   aa. Privacy fence, secure
   ab. Telescope
   ac. KOI pond
   ad. On a lake, near water

3. Interior environment
   a. Childcare, adjacent to kitchen
   b. Rooms on 3rd floor, groups on 2nd, public on bottom
   c. Deck
   d. Round house would be nice
   e. Fireplace
      • Place to gather, chairs, place to be, up to each person on how they would utilize that space, flexible. Open.
   f. Built-in shelving, instead of dressers
   g. Big windows
   h. Playroom for the kids
   i. Big kitchen. Able to involve others in the process. A family could come to visit to cook/eat a meal. Counter space for family/kids to

continued on next page...
A. Programs and Activities

- Sit at and eat while you are cooking a meal
  - Big kitchen tables
  - Island in the kitchen
  - A pantry
  - Kitchen with some more professional set-ups like a three-compartment sink with a sprayer, etc.
- Windows to outside, see nature
- Den in the basement with a big living room, watch movies, relax, lots of couches, away from kids. Projector screen to watch movies. Theater quality sound. Multiple TV areas.
- Traditional room for prayer/smudging, drum
- High ceilings
- Rooms large enough to fit more than a bed and a dresser. Maybe a chair for private time. Not so confined.
- Enough space so that you are not distracted by others doing another activity, place to be reflective
- Sewing / Craft room / Traditional crafting like beading, regalia, etc.
- Places for art
- Library, law library, a place to learn their rights, do research
- Greenroom for vegetables
- Connection to outdoors
- Bedrooms, two rooms share a bathroom.
- Big rooms, walk-in closet
- Garage
- Walls could be decorated by the incarcerated women’s artwork. They have a lot of talent. Nice art. Buy artwork from them and put them on the wall.
- Place to share, room to gather, do things, have a meeting. This could be a multi-purpose space.
- Nice comfortable chairs and a table
- A pool table
- Area where you have exercise equipment, weights
- Computer area with a printer to look up jobs.
- Classroom.
- Skylights to bring in daylight. Bring in the sun during the day.
- Solar panels
- Recycling and compost
- Donation spot for those coming out of prison who don’t have anything
- Laundry room, multiple pieces of equipment
- Indoor animals to teach the little ones. Fish tank.
B. Home Essence

1. Used to having a decent amount of people for support
2. Privacy / Apartments
3. A middle – ground which is shared space, pathways to more private living
4. MG would be kitchen, laundry, living space
5. The spaces to the side would be more private but would still have spaces that are for gathering, like a semi-private living room for families to visit
6. Families are important. Part of the path to healing, etc.
7. Everyone needs a private space, safe space
8. The MG space is where everyone could come together as a family
9. “LODGE”
10. As Indigenous people historically, lived our lives as a group of people. Privacy is good but not when it prevents connection to other people.
11. Sharing bathrooms is ok.
12. Coming together as a community help the healing process.
13. “COMMUNITY”
14. A place that has both private and public spaces. Depends on the person.
15. “FAMILY” “FAMILY”
16. Good to have your own space and privacy but need to be around other people. Helps you heal.
17. “SAFE” “SAFE”
18. Big house. Big yard. Like being around other people.
19. Option for a transition space. For people that like being independent. For transitioning out of the group setting.
20. “ACCEPTANCE”
21. A place to come together. Living together with other women, has a lot of strength / power. When Native American women come out incarceration, they have plans, need someone going through same thing. Support system will help. Apartments may cause issues due to privacy, maybe relapse into past addictions, etc.
22. “FAMILY”
23. Being in a house setting, place to get back on your feet. Not a forever home.
24. “PEACE”
25. “COMFY” “COMFY” “COMFORT”
26. “FRIENDS” “FRIENDS”
29. 3 stage set up. As they first enter, maybe start at dormitory >>> efficiency apartment >>> family apartment.
30. Log house.
31. “HEART”
32. Childcare area, maybe near the kitchen.
C. Sustainability and Subsistence

1. Less cost is always important for energy planning and respect of our weather. Bills could be kept low.

2. We should plan for a small carbon footprint and make things that last! Built with inclusion of water preservation and efficiency...rainwater collection for garden work.

3. Solar panels may be a good idea; computer monitor so you can see energy consumption? This might be a good idea!

4. Ditto!

5. solar panels and monitor are a good idea.

6. Ditto.

7. Solar panels are useful, composting and recycling, less water use is a good goal.

8. Alternative heating source for the house. Could be geothermal if it is an option.

9. Dual language signage would be a nice cultural response. We could include other languages as well to make everyone welcome!

10. Using signage to help introduce renewable resources their importance and why it’s important to us.


12. Indoor air quality, operable windows and lots of fresh air.

13. Ceiling fans that have a UVC lighting and clean the air.

14. Quilting together and individual beading are the chosen shared activities. Teaching and sharing those skills. Storage for art supplies.

15. Quilting is a shared activity and might need access to a quilting long arm machine.

16. Kids will be invited into the arts space to share and teach.

17. Practice dance in a larger shared room.

18. Teaching and craft room should be next to each other.

19. Outdoor space, smart tv to watch videos or other items.

20. Syrup making outside, maybe access to an outdoor kitchen or small area to cook syrup. Diamond willow crafts, painting, flexible space (deep fryer!!!) Mini pow wow space outside?
D. Cultural

What do you think of when we caw “culture”?

1. I think of what I was taught, traditionally.
2. Being part of a group of people that share the same values and beliefs. Community is our culture.
3. What I was taught about ceremony and lessons from my family.
4. Medicines (sweet grass, cedar, and tobacco) and pow wows and the circle...people in a circle.
5. Ceremonies, sweat lodge, pow wows, drum and medicine and the healing aspects.
6. Women and men with medicine, sweat lodges, etc.
7. Historical background and agreement with other comments.
8. Sweat lodge and tobacco, big things would be plants that are medicinal and recognition of that.
9. Connection that our people have to each other, and Mother Earth and we thrive off of other power.

A saying or word you have learned about “culture”?

1. “Greetings, never say goodbye!”
2. “Live a good life.”
3. Seven teachings.
4. “Wait”
5. Hello or greeting
6. “No” and “Obey your mom”
7. Love is the first and most important of the seven teachings. First is to love yourself then you can love others and it is represented by the Eagle.
8. Tell me that I can’t, and I will show you that I can!

What makes you proud and you share with others about your “culture”?

1. Resilience of our people.
2. Laughter is one good thing and connected to my family in a very strong way...we have a support network.
3. Our strengths.
4. Our humor. We know how to have fun and laughter. Also, respect for our elders.
5. Always helping each other with our children and teaching them our ways. We share and pass it on to our children what “culture” means.
6. Learning and sharing about our ceremonies. Proud to be part of them. The music gives you a very good feeling or a strong feeling.
7. Respect of our independent nation, our lake.
8. Our history and the things we have overcome. Being able to vote.
9. We are still here after all the history.
10. Resiliency and how we care for our young children. We care for our elders the same way. Certainly, before they are gone. We take care of our own.
11. Being known for our artistry. We are known for our floral designs.

continued on next page...
What are the core values of “culture?”
1. The Seven Teachings

How could “culture” be incorporated into the design?
1. Floral designs on the building.
2. Four directions colors: White - north, black-south, yellow-east and red-west.
3. Make it very unique! Designed to stand out! This place is ours!
5. Multi language signage.
6. Floral artwork.
7. Plan of our reservations and clans. Where are we from, showing tribal flags or other items form the area.
8. Room like that is circular without windows for dark room ceremonies (Traditional Room).
9. Stars and lighting on the top of circular room. Show the art of the people living at the Healing House.
10. Clan symbols and the medicine wheel, dream catcher, medicine wheel carpet.
11. Eagles and other important symbols should be shown.
12. Having a place to exercise so we can recreate and have wellness.
13. Lighting in the main entrance and the main door should be facing the east. West exit? Could be important.

How about connection to the inside/outside?
1. This would be important. Biophilia concepts.

Decisional “culture” ...what is a successful project that includes “cultural expression”?
1. Go “all out” Tribal College in Red Lake.
2. We need a spectacular building!
# Focused Conversation

## Conversation Design Template

<table>
<thead>
<tr>
<th>Topic of conversation:</th>
<th>Description of participants in conversation:</th>
<th>Location:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Healing House</td>
<td>Staff / Users</td>
<td>Zoom Meeting</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>What should participants know or do during the conversation:</th>
<th>What should participants feel during the conversation:</th>
<th>Time:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Share about their culture and values</td>
<td>Sense of being listened to, sharing</td>
<td>60 Minutes, 1 pm, April 5th, 2022</td>
</tr>
</tbody>
</table>

### Opening:

We have been asked to have what we call a “focused conversation” with you to learn about your culture, to hear your voice & to gain inspiration on design.

### O (Observation)

- What we see, hear, senses: facts, information
  - What first comes to mind when I say "Culture"? Colors, images, experiences...
  - What specific images come to mind when we think about your culture?
  - What are significant events or holidays that are important to your family or community?
  - What words, phrases or sayings, in your culture, are significant or meaningful for other people to know?

### R (Reflection)

- Automatic feeling responses; like, dislike
  - What’s something unique or distinctive about your culture, language or experience that makes you proud and happy when others know of it or they recognize it as yours?
  - What images or references do others make about your language, culture or history that connects with you emotionally?
  - What inspires you about your culture?

### I (Interpretation)

- Significance, purpose, we assign meaning
  - What stories, images, facts and experiences help teach others about your people and your culture?
  - What are some core values from your culture that are valuable for others to know or experience?
  - In what ways might culture be reflected or represented in the design? What would people see, hear, know, do or experience?
  - What would be appropriate/inappropriate to include in design and why?

### D (Decision)

- Choices, decisions, actions, resolve
  - How would you define success in incorporating culture in design, or, what would be in the design that would make you very pleased and happy?
  - How would you like to be communicated with throughout this process?
  - What next steps would you like to see?

### Closing:

Thank you for taking the time to share your thoughts with us. We are honored to be a helper and to include your story in our design.
Focused Conversation

Structure Walk Through

1. Define the **Topic**, **Participants**, **Rational Objective**, **Experiential Objective**, **Time & Location** of Conversation to establish the filter for your brainstorming.
2. Brainstorm multiple questions for each level, creating ‘on-ramps’ to the conversation for every participant.
3. Select questions you will ask, based on the filters you created in 1.

**OBJECTIVE**
What we take in with our senses; facts; information

**REFLEXIVE**
Automatic emotional response to what we sense, perceive, pick up

**INTERPRETIVE**
Significance, purpose; we assign meaning to what we see, hear, feel

**DECISIONAL**
We make choices, decisions and act on what we interpret
## Focused Conversation

### Overview of Structure

<table>
<thead>
<tr>
<th>Topic of conversation:</th>
<th>Description of participants in conversation:</th>
<th>Location:</th>
</tr>
</thead>
<tbody>
<tr>
<td>What is the conversation going to be about?</td>
<td>Who will be in this conversation?</td>
<td>Where will the talk happen?</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Rational Objective:</th>
<th>Experiential Objective:</th>
<th>Time:</th>
</tr>
</thead>
<tbody>
<tr>
<td>What should participants know or do during the conversation: What topics or information must be covered? What will people DO during the talk?</td>
<td>What should participants feel during the conversation: Define the emotional tone you will reinforce during the conversation</td>
<td>How long will the conversation go?</td>
</tr>
</tbody>
</table>

**Opening, Setting the Stage for the Conversation to Begin:** Set people’s expectations to participate - the topic, how long the conversation will last, why the conversation is happening, that this will be a Focused Conversation that you’re facilitating.

### Objective

- **OBJECTIVE**
  - What we take in with our senses; facts; information

### Reflexive

- **REFLEXIVE**
  - Automatic emotional response to what we sense, perceive, pick up

### Interpretive

- **INTERPRETIVE**
  - Significance, purpose; we assign meaning to what we see, hear, feel

### Decisional

- **DECISIONAL**
  - We make choices, decisions and act on what we interpret

**Closing:** Decide how you will signal to the group that the conversation is over, give everyone closure on the conversation.
# Room Allocation Table

## Outdoor spaces

<table>
<thead>
<tr>
<th>Location</th>
<th>Area</th>
<th>Room/Space</th>
<th>Quantity</th>
<th>Quantity Size</th>
<th>Sq. Ft</th>
<th>Area totals:</th>
<th>Building Totals:</th>
<th>Comments:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sharing</td>
<td>Firepit</td>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>benches around for storytelling</td>
</tr>
<tr>
<td></td>
<td>Patio/BBQ</td>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Big table for sharing meals and telescope</td>
</tr>
<tr>
<td></td>
<td>Gazebo</td>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Garden</td>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Both vegetables, flowers and fruit. Composting area</td>
</tr>
<tr>
<td></td>
<td>Healing Garden</td>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Sage, Tobacco, Sweet Grass and Dogwood</td>
</tr>
<tr>
<td></td>
<td>Sweat Lodge/Dressing Hut</td>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Capacity: 8 - 12, Dressing House is adjacent and can hive some wood shed areas for the firepit</td>
</tr>
<tr>
<td></td>
<td>Memorial Area</td>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Respect for those lost to addiction</td>
</tr>
<tr>
<td></td>
<td>Plantings for wildlife</td>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

## Activities/Recreation

<table>
<thead>
<tr>
<th>Location</th>
<th>Room/Space</th>
<th>Quantity</th>
<th>Quantity Size</th>
<th>Sq. Ft</th>
<th>Area totals:</th>
<th>Building Totals:</th>
<th>Comments:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Volley ball</td>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Basketball</td>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Cultural Walking Trail</td>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Dock and Swimming</td>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Reflection Space</td>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Playground</td>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Smoking Area</td>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

## Storage

<table>
<thead>
<tr>
<th>Location</th>
<th>Room/Space</th>
<th>Quantity</th>
<th>Quantity Size</th>
<th>Sq. Ft</th>
<th>Area totals:</th>
<th>Building Totals:</th>
<th>Comments:</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Canoe Rack</td>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Garage/Donation Build</td>
<td>1</td>
<td>24 x 24</td>
<td>576</td>
<td></td>
<td></td>
<td>Storing donated items for H.H residents, we really need to look at personal storage of furniture and other items.</td>
</tr>
<tr>
<td></td>
<td>Shed</td>
<td>1</td>
<td>10 x 12</td>
<td>120</td>
<td></td>
<td></td>
<td>Storage of family items/personal items</td>
</tr>
<tr>
<td></td>
<td>Animal area</td>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Temporary</td>
</tr>
</tbody>
</table>

## Indoor spaces

### Shared (Main Lodge)

<table>
<thead>
<tr>
<th>Location</th>
<th>Room/Space</th>
<th>Quantity</th>
<th>Quantity Size</th>
<th>Sq. Ft</th>
<th>Area totals:</th>
<th>Building Totals:</th>
<th>Comments:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Entry Vestibule</td>
<td>1</td>
<td>8 x 8</td>
<td>64</td>
<td></td>
<td></td>
<td>Mailboxes and security. Located on the East side.</td>
</tr>
<tr>
<td></td>
<td>Mud Room</td>
<td>1</td>
<td>10 x 12</td>
<td>120</td>
<td></td>
<td></td>
<td>Costs</td>
</tr>
<tr>
<td></td>
<td>Kitchen</td>
<td>1</td>
<td>15 x 18</td>
<td>288</td>
<td></td>
<td></td>
<td>Island for seating and food prep, individual food storage, pot rack!</td>
</tr>
<tr>
<td></td>
<td>Pantry</td>
<td>1</td>
<td>10 x 12</td>
<td>120</td>
<td></td>
<td></td>
<td>Recycling and composting areas, cleaning supply storage, mop sink</td>
</tr>
<tr>
<td></td>
<td>Dining Area</td>
<td>1</td>
<td></td>
<td>600</td>
<td></td>
<td></td>
<td>Big table for sharing, maybe one or two small ones for privacy. Capacity: 20</td>
</tr>
<tr>
<td></td>
<td>Study/Library</td>
<td>1</td>
<td>24 x 12</td>
<td>288</td>
<td></td>
<td></td>
<td>2 Computers and law books</td>
</tr>
<tr>
<td></td>
<td>Quiet Room</td>
<td>1</td>
<td>12 x 16</td>
<td>192</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Class Room</td>
<td>1</td>
<td></td>
<td>300</td>
<td></td>
<td></td>
<td>Near kitchen? Kitchenette. Projection and screen, chair and table storage.</td>
</tr>
</tbody>
</table>

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# Healing House Feasibility Study
## Room Allocation Table

<table>
<thead>
<tr>
<th>Location</th>
<th>Area</th>
<th>Room/Space</th>
<th>Quantity</th>
<th>Size</th>
<th>Sq. Ft</th>
<th>Area totals:</th>
<th>Building Totals:</th>
<th>Comments:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Craft Space</td>
<td>1</td>
<td>14 x 14</td>
<td>196</td>
<td></td>
<td></td>
<td>Storage, deep sink, equipment might include long arm quilting machine/sewing, tables and chairs, art supply storage, screen/TV/monitor for zoom. Flexible to expand. Plaster trap in sink. Screen printing supplies and area.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Display Space</td>
<td>4</td>
<td>4 x 24</td>
<td>96</td>
<td></td>
<td></td>
<td>In hallways but leave room. Perhaps sale area. (Interiors including art from the inside...inmate art should be developed to include as a program)</td>
</tr>
<tr>
<td></td>
<td>Traditional Room</td>
<td>1</td>
<td>14 x 14</td>
<td>196</td>
<td></td>
<td></td>
<td></td>
<td>Round, without windows, drum storage. Possible outdoor access, no smoke detectors</td>
</tr>
<tr>
<td></td>
<td>Living Room</td>
<td>1</td>
<td>16 x 18</td>
<td>288</td>
<td></td>
<td></td>
<td></td>
<td>Fireplace and shelves/bookcases for storage - not cluttered, tv</td>
</tr>
<tr>
<td></td>
<td>Possible Lower Level</td>
<td>TV/Recreation Room</td>
<td>1</td>
<td>12 x 16</td>
<td>192</td>
<td></td>
<td></td>
<td>Pool table, games</td>
</tr>
<tr>
<td></td>
<td>Possible Lower Level</td>
<td>Telephone Room(s)</td>
<td>3</td>
<td>6 x 4</td>
<td>72</td>
<td></td>
<td></td>
<td>Small, zoom ready, fax and copy access</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Laundry Room</td>
<td>1</td>
<td>10 x 18</td>
<td>180</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Playroom/Daycare</td>
<td>1</td>
<td>16 x 18</td>
<td>288</td>
<td></td>
<td></td>
<td>Storytelling corner, storage and sink, childcare?, Office and toilet?</td>
</tr>
<tr>
<td></td>
<td></td>
<td>1/2 bath</td>
<td>2</td>
<td>8 x 10</td>
<td>160</td>
<td></td>
<td></td>
<td>Eater saving devices, baby changing tables</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Mothers Room</td>
<td>1</td>
<td>8 x 10</td>
<td>80</td>
<td></td>
<td>Sink, chair, changing table</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Total Shared (Main Lodge)</td>
<td>NET</td>
<td></td>
<td></td>
<td></td>
<td>3720</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Private</td>
<td>Lodge 1 - Single</td>
<td>10</td>
<td>12 x 16</td>
<td>1920</td>
<td></td>
<td></td>
<td>Sleeping, walk in closets, tv hook ups</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Lodge 2 - Double</td>
<td>2</td>
<td>14 x 18</td>
<td>504</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Lodges 3 - Family</td>
<td>0</td>
<td>14 x 20</td>
<td>1680</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Lodge Baths</td>
<td>18</td>
<td>8 x 10</td>
<td>1440</td>
<td></td>
<td></td>
<td>Shower, sink and toilet, energy and water saving devices</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Linen Storage</td>
<td>1</td>
<td>2 x 10</td>
<td>20</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Aunty’s</td>
<td>1</td>
<td>12 x 22</td>
<td>264</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Caretaker Bath</td>
<td>1</td>
<td>8 x 10</td>
<td>80</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Total Private</td>
<td>NET</td>
<td></td>
<td></td>
<td></td>
<td>5908</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Caregivers</td>
<td>Office(s)</td>
<td>5</td>
<td>10 x 12</td>
<td>600</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Toilet(s)</td>
<td>2</td>
<td>8 x 8</td>
<td>128</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Conference Room</td>
<td>1</td>
<td>10 x 15</td>
<td>150</td>
<td></td>
<td></td>
<td>Capacity 8-10, sink and mini ref, microwave, zoom ready</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Reception Office</td>
<td>1</td>
<td>8 x 10</td>
<td>80</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Total Caregivers</td>
<td>NET</td>
<td></td>
<td></td>
<td></td>
<td>958</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Support spaces</td>
<td>Possible Lower Level</td>
<td>Mechanical/electrical</td>
<td>1</td>
<td>300</td>
<td>Battery storage?</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Possible Lower Level</td>
<td>Storage Room</td>
<td>1</td>
<td>1700</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Possible Lower Level</td>
<td>IT/Telephone Room</td>
<td>1</td>
<td>12 x 10</td>
<td>120</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Total Support Spaces</td>
<td>NET</td>
<td></td>
<td></td>
<td></td>
<td>2120</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
# Healing House Feasibility Study
## Room Allocation Table

<table>
<thead>
<tr>
<th>Location</th>
<th>Area</th>
<th>Room/Space</th>
<th>Quantity</th>
<th>Size</th>
<th>Sq. Ft</th>
<th>Area totals</th>
<th>Building Totals</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grossing Factors - Building:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total NET:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>12706</td>
<td></td>
</tr>
<tr>
<td>Subtotal:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>12,706</td>
<td></td>
</tr>
<tr>
<td>Net x 1.30 circulation:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>16517.8</td>
<td></td>
</tr>
<tr>
<td>Subtotal:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>16,518.00</td>
<td></td>
</tr>
<tr>
<td>x10% walls:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>1651.8</td>
<td></td>
</tr>
<tr>
<td>TOTAL Building:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td><strong>18,169.80</strong></td>
<td></td>
</tr>
</tbody>
</table>
Options

- OPTION B
- M.T.S. 4.6.22
- MECH LOWELL
Exterior Rendering and Discussion

Site Discussion/Criteria:

1. By the lake...Lake Bemidji but away from downtown
2. Want to go down by the Old Cass Lake Road Area.
3. In the woods and more of a rural.
4. Public transportation from the Healing House.
5. Rural, near a lake, part ways between Cass Lake and Bemidji. On the reservation.

Criteria (note repeated items are in bold)

a. Rural
b. Big enough for the outdoor activities and privacy.
c. Near on a lake (water features?).
d. In the north woods.
e. On the reserve.
f. Fence for privacy and safety
g. Internet access.
h. 2-3 acres
i. School bus access.
j. South orientation and geothermal possibilities

Exterior, Elements, Features and Description

1. Floral designs could be part of the exterior.
3. Log style building.
4. Not institutional.
5. Welcoming and comforting!
6. Capture pieces of a “long house” or wigwam or teepee.
7. Fan canopy at the entry.
8. Show off and display our artistry and those of our community.
9. Star quilt design on the outside.
10. Wood design on the outside.
11. Floral design on the wood.
12. Dream catcher cold be part of the outside.
13. Wood burning or other art on the exterior of the building.
15. Something unique to you.
16. Loud and proud!! Colorful, expressive!
17. Is red appropriate? Yes.
18. Use the four colors of the four directions.
19. Red walking path (the Red Road).
Building Floor Plan
Further Development

East Elevation

North Elevation

South Elevation

West Elevation
## Healing House (Bemidji)

**Concept System Budget Level of Detail**

### System Cost Summary

<table>
<thead>
<tr>
<th>Item Description</th>
<th>Unit Cost/ Bldg. Area</th>
<th>Percent Dir. Cost</th>
<th>Total Cost</th>
<th>Unit Cost/ GSF</th>
<th>Percent Dir. Cost</th>
<th>Total Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Div 2</strong> BUILDING SITE IMPROVEMENTS/DEMOLITION</td>
<td>$1,712,183</td>
<td>73.49%</td>
<td>$1,712,183</td>
<td>$0</td>
<td>0.00%</td>
<td>$0</td>
</tr>
<tr>
<td><strong>Div 2</strong> EXCAVATION &amp; BACKFILL</td>
<td>$46,500</td>
<td>2.08%</td>
<td>$46,500</td>
<td>$0</td>
<td>0.00%</td>
<td>$0</td>
</tr>
<tr>
<td><strong>Div 3</strong> FOUNDATION/SLAB-ON-GRADE</td>
<td>$309,689</td>
<td>5.31%</td>
<td>$309,689</td>
<td>$0</td>
<td>0.00%</td>
<td>$0</td>
</tr>
<tr>
<td><strong>Div 3, 4, 5</strong> STRUCTURE</td>
<td>$744,000</td>
<td>12.75%</td>
<td>$744,000</td>
<td>$0</td>
<td>0.00%</td>
<td>$0</td>
</tr>
<tr>
<td><strong>Div 7</strong> EXTERIOR ENCLOSURE</td>
<td>$595,200</td>
<td>10.20%</td>
<td>$595,200</td>
<td>$0</td>
<td>0.00%</td>
<td>$0</td>
</tr>
<tr>
<td><strong>Div 7</strong> ROOFING SYSTEM</td>
<td>$158,100</td>
<td>2.71%</td>
<td>$158,100</td>
<td>$0</td>
<td>0.00%</td>
<td>$0</td>
</tr>
<tr>
<td><strong>Div 8, 9, 10</strong> INTERIOR CONSTRUCTION</td>
<td>$930,000</td>
<td>15.94%</td>
<td>$930,000</td>
<td>$0</td>
<td>0.00%</td>
<td>$0</td>
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<tr>
<td><strong>Div 11, 12</strong> EQUIPMENT</td>
<td>$120,900</td>
<td>2.07%</td>
<td>$120,900</td>
<td>$0</td>
<td>0.00%</td>
<td>$0</td>
</tr>
<tr>
<td><strong>Div 14</strong> CONVEYING SYSTEMS</td>
<td>$279,000</td>
<td>4.78%</td>
<td>$279,000</td>
<td>$0</td>
<td>0.00%</td>
<td>$0</td>
</tr>
<tr>
<td><strong>Div 15</strong> MECHANICAL</td>
<td>$879,900</td>
<td>15.08%</td>
<td>$879,900</td>
<td>$0</td>
<td>0.00%</td>
<td>$0</td>
</tr>
<tr>
<td><strong>Div 15</strong> FIRE PROTECTION</td>
<td>$102,300</td>
<td>1.75%</td>
<td>$102,300</td>
<td>$0</td>
<td>0.00%</td>
<td>$0</td>
</tr>
<tr>
<td><strong>Div 16</strong> ELECTRICAL</td>
<td>$353,700</td>
<td>6.06%</td>
<td>$353,700</td>
<td>$0</td>
<td>0.00%</td>
<td>$0</td>
</tr>
<tr>
<td><strong>CONTINGENCY-Contractor &amp; Design Progression</strong></td>
<td>$519,692</td>
<td>9.02%</td>
<td>$519,692</td>
<td>$0</td>
<td>0.00%</td>
<td>$0</td>
</tr>
<tr>
<td><strong>GENERAL CONDITIONS</strong></td>
<td>$272,220</td>
<td>4.91%</td>
<td>$272,220</td>
<td>$0</td>
<td>0.00%</td>
<td>$0</td>
</tr>
<tr>
<td><strong>PERMIT/BOND/BR/GL TESTING/INSPECTION</strong></td>
<td>$879,900</td>
<td>15.08%</td>
<td>$879,900</td>
<td>$0</td>
<td>0.00%</td>
<td>$0</td>
</tr>
<tr>
<td><strong>ESCALATION</strong></td>
<td>$466,200</td>
<td>8.06%</td>
<td>$466,200</td>
<td>$0</td>
<td>0.00%</td>
<td>$0</td>
</tr>
<tr>
<td><strong>SUBTOTAL</strong></td>
<td>$5,609,723</td>
<td>96.15%</td>
<td>$5,609,723</td>
<td>$0</td>
<td>0.00%</td>
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<tr>
<td><strong>DESIGN FEE</strong></td>
<td>$313,994</td>
<td>5.47%</td>
<td>$313,994</td>
<td>$0</td>
<td>0.00%</td>
<td>$0</td>
</tr>
<tr>
<td><strong>CONTRACTOR FEE</strong></td>
<td>$313,994</td>
<td>5.47%</td>
<td>$313,994</td>
<td>$0</td>
<td>0.00%</td>
<td>$0</td>
</tr>
<tr>
<td><strong>ESTIMATED COST BY AREA</strong></td>
<td>$8,163,842</td>
<td>100.00%</td>
<td>$8,163,842</td>
<td>$0</td>
<td>0.00%</td>
<td>$0</td>
</tr>
</tbody>
</table>

### Total Project Cost Estimate

- **$8,163,842**
- **$439 per GSF**
- **18,600 GSF**

### Projected Total Cost Range

- **Low**: $7,750,846
- **High**: $8,630,180

### Projected Site Range

- **Low**: $112.73
- **High**: $137.76

### Projected Construction Range

- **Low**: $5,854,112
- **High**: $6,067,476
Appendix

A. Media Articles
B. Charette Conclusion Presentation
Plans for Indigenous-centered Healing House underway in Bemidji

The beginnings of a feasibility study for a proposed Healing House project were presented on Thursday at the Northwest Indian Community Development Center.

BEMIDJI — In a dimmed room filled with community members and government officials, a presentation was given on Thursday that took a project three years in the making one step closer to reality.
The presentation, held April 7 at the Northwest Indian Community Development Center in Bemidji, marked the completion of the first part of a feasibility study on a project called the Healing House.

The proposed center would provide space and assistance for Indigenous women who have experienced different forms of violence or abuse and who have been involved with the criminal justice system.

“It’s a good day to start on a different journey and a pathway and think about our Native citizens here as valued assets and community members,” Martin Jennings, executive director of the NWICDC said. “It all starts with family. It starts with women.”

Native American women, who are already more likely to be victims of sexual violence and abuse, also experience disproportionate levels of incarceration. This project would aim to address the connection between these statistics, and help women as they re-enter their communities.

“We know that so many of the women who are in (Department of Corrections) custody are also victims,” said Nikki Engel of Violence Free Minnesota, who has worked with Natasha Kingbird of the NWICDC on the project since its inception in 2019.
Nikki Engel of Violence Free Minnesota speaks during a Healing House presentation on Thursday, April 7, 2022, at the Northwest Indian Community Development Center. Madelyn Haasken / Bemidji Pioneer

One of the first steps of the project was hearing the stories of Native American women who were experiencing incarceration and listening to what they needed from a project designed for them.

“Being with the women and listening to them, seeing them on the ground every day, also seeing women after all these years pull themselves together,” Kingbird said. “It’s brought me to support these women and really look at the issues they face.”

The team interviewed 62 incarcerated Indigenous women who told them about their histories, their childhoods and their traumas.

“We wouldn’t be where we are today without the generosity of those women in sharing their stories,” Engel said, “trusting that those stories were going to go somewhere to influence change in Minnesota.

The Healing House would serve as a transitional home for Native American women after they are released from custody, but unlike other facilities with similar purposes, this center would be built on the foundations of Indigenous culture.

“We’re understanding collectively that culture is the only answer,” said Renee Gurneau, a community member who attended the event. “We’re used to other people calling the shots in our lives rather than our own people, our own spirituality.”
Community member Renee Gurneau makes a comment during a Healing House presentation on Thursday, April 7, 2022, at the Northwest Indian Community Development Center.
Madelyn Haasken / Bemidji Pioneer

This led the project team to partner with DSGW, a Minnesota-based architectural firm that specializes in Indigenous design and has partnered with tribes across the U.S. on projects like the Ain Dah Yung Center, an emergency shelter for Native American youth in St. Paul.

They brought in DSGW architects Michael Laverdure and Rebecca Lewis to conduct a feasibility study on the proposal, and to bring together all of the team’s ideas into something that could become a reality.

**An Indigenous design**

The project’s team spent two and a half days working with Laverdure and Lewis discussing what the Healing House should look like, what it might include and how traditional Anishinaabe culture could be included in the structure.

“It’s a really intense period of planning,” Laverdure said. “It’s always fun to see how different people perceive culture.”
As the conversation progressed, different priorities came to light: creating a safe haven, incorporating nature and the outdoors and giving the center’s residents the ability to choose.

“I think choice is sometimes taken away from us in so many different places, but sometimes inadvertently architects can take it away from us with buildings, too,” Lewis said. “What people told us is important to them is that when they come in that front door ... they had the ability to choose.”

These ideas led to the creation of a rough site plan that outlined what a finished Healing House might look like. The plan includes a building with two wings of living spaces and a central area that would be for social gatherings and programs.

It also detailed a sketch of what the outdoor space might look like, which included multiple cultural considerations like a sweat lodge and a sacred garden where traditional medicines like tobacco and sage would grow.

A map of a rough site plan for the Healing House is shown to attendees during a presentation on Thursday, April 7, 2022, at the Northwest Indian Community Development Center.

Madelyn Haasken / Bemidji Pioneer
Also in the plan was a walking path with areas of reflection based on the Seven Grandfather Teachings from Anishinaabe culture: love, respect, bravery, courage, truth, humility and wisdom.

The last of these reflection points would serve as a memorial for victims of violence and abuse who didn’t make it, and it would be one of the first things people would pass as they approach the center.

Another focus of the group was ensuring the sustainability of the project. This would be done by promoting cultural teachings of sustainability alongside green building practices.

“All of these things kind of align with the core of this project, of healing, not just themselves but of Mother Earth,” Laverdure said.

While not a formal plan, the study created a set of guiding principles for the project that will be used and looked back on as the Healing House progresses.

“This is just a study, so things change,” Lewis said, “but this study will help provide that foundation for the ideas and all of that thought process on how to make this project successful.”

**Next steps**

The second part of the feasibility study will decide what the center will look like and estimate what it might cost. The full report is expected at the end of June.

In the meantime, the team is looking to hire a project manager, funding for which is included in the proposed budget bill currently in the Minnesota Legislature.
Local elected officials at the presentation offered their assistance and agreed to support and collaborate with the Healing House team as the project continues.

“This is really encouraging to see stakeholders in the city in this space with us working cooperatively together,” Jennings said. “This is really critical work that we’re involved in.”

While plans for the center develop, the ideas that it’s built on are being put into action with a small-scale version of the project beginning in Bemidji.

This “prototype” is a partnership between the Department of Corrections and the NWICDC, which rented a small house to provide transitional housing that’s built on a cultural foundation. Its first resident will move in during the next few days.

“This will really be building off what Northwest Indian Community Development Center already does,” said Liz Richards, who manages victim services for the Department of Corrections. “This is the first step taken here. Hopefully, this is the beginning of a lot of conversations and work that’s going to be happening.”
Liz Richards with the Department of Corrections speaks during a Healing House presentation on Thursday, April 7, 2022, at the Northwest Indian Community Development Center.
Madelyn Haasken / Bemidji Pioneer
Our Team

Mike Laverdure
AICAE, AIA, LEED AP, NCARB
Principal, Architect
Experience: 25 Years

Rebecca Lewis
FAIA, FACHA, CID
Partner Emeritus, Architect
Experience: 36 Years
Over 400 Projects Working With Over 30 Tribes Across 12 States
Our Process
Charette

- A CHARETTE IS AN INTENSE PERIOD OF PLANNING AND DESIGN ACTIVITY
- TYPICALLY SPANS A FEW DAYS
- THIS PROCESS WILL HELP A GROUP UNDERSTAND THEIR WANTS AND NEEDS IN FORMAT THAT CAN BE SHARED
Programming

• DECIDING WHAT TO BUILD
• INTENSE LISTENING TO LEARN WORKSHOP
• DISCUSS GOALS, WANTS VS NEEDS, FUNCTION OF THE PROJECT, DESIGN EXPECTATIONS AND BUDGET
• ASSEMBLE THE DISCUSSION INTO A “PROGRAM” WHICH OUTLINES THE SPACES AND ASSIGN A SIZE OR SQUARE FOOTAGE
Conceptualizing

- In a Charette process, you might see the architectural team react to the workshop information and provide simple line drawings and diagrams, with multiple options.
- In a conceptualization review workshop the group will talk about their likes/dislikes.
- Many times a hybrid option that combines parts of different options is selected.
**Objective**
What we take in with our senses; facts; information

**Reflexive**
Automatic emotional response to what we sense, perceive, pick up

**Interpretive**
Significance, purpose, we assign meaning to what we see, feel

**Decisional**
We make choices, decisions and act on what we interpret
Guiding Principles
Programs and Activities

• It should be a safe haven
• Include outdoor interaction
• Include cultural design elements throughout
• Welcoming to family members
• Provide choice, options for living style
• Space for kids, reunification activities
• Social kitchen
• Place for social gathering, cultural activities
• Places for art for those still incarcerated
• Places for quiet / reflection
Guiding Principles
Home Essence

• Space should be flexible / accommodating
• Used to having a decent amount of support
• Should promote coming together as a community, help the healing process
• Option for transition space, transitioning out of a group setting
• Dorm style >>> efficiency apt >>> apartment >>> transition out
• Women have a lot of strength / power
• Some words we heard were: “PEACE”, “COMFY”, “FRIENDS”, “HEART”, “FAMILY”, “ACCEPTANCE”, “SAFE”, “COMMUNITY”
Guiding Principles
Sustainability / Subsistence

• Would like to have a building that respects Mother Earth
• Solar panels
• Design should follow sustainable design practices
• The project should also incorporate teaching elements to showcase the sustainable systems incorporated into the project
• The project should also incorporate the concept of subsistence by uniting culture and sustainable design, as Indigenous peoples core ethos align with Treading Lightly on Mother Earth
Guiding Principles - Culture

• Would like to incorporate the Seven Teachings into the design
• East Entry
• Traditional room for ceremony/smudging
• Multi-lingual signage
• Sweat lodge on site
• Sacred garden with sage, sweetgrass, tobacco, and cedar
• Include a walking path that highlights traditional plants with signage (name, usage, etc.)
Lake gichigami

Healing House noojimo’iwewin endaawan

Bemidji Bemijigamaag

Hwy 2

Cass Lake Gaa-miskwa-waakokaag

500,000 sf site (11.47 acres)

road access miikana
Think Seven!

ENVISION WITH BRAVERY
PLAN WITH LOVE
DESIGN WITH WISDOM
EVALUATE WITH HONESTY
DETAIL WITH RESPECT
BUILD THE MOMENT OF TRUTH
CELEBRATE WITH HUMILITY
Miigwetch!

"WE WANT OUR BUILDINGS TO BECOME ELDERS AND CREATE AND ENVIRONMENT OF SUBSISTENCE WHICH WILL HELP SUSTAIN TRIBAL CULTURE." - MIKE LAVERDURE